

UALC Parenting Conference 2026 | Breakout Sessions

Caring and Advocating for Children with Special Needs

with Tonya Reidel (Panel Discussion)

Hear from parents as they share experiences and practical wisdom for caring and advocating for children with special needs—from everyday life and relationships to school, adulthood, and nurturing a lifelong faith.

Grandparenting Well

Christine Thompson

Explore the unique calling of grandparents to nurture faith across generations through encouragement and prayer, while navigating relationships with adult children and responding with grace when facing estrangement or loss of faith.

Intentional Parenting in Embattled Moments

Eric Pickering

Parenting can bring complicated moments and strained relationships. Explore how to respond with wisdom and intentionality, building connection with your child and creating pathways toward understanding, growth, and reconciliation when facing complexities like parenting through ADHD, a two-household dynamic for your child, or directing a strong-willed child.

Parenting in the Age of Technology

Understand how technology impacts a child's developing brain and explore practical, grace-filled ways to set healthy boundaries and make wise choices—wherever your family is starting from in today's digital world.

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Raising Resilient Kids

Sarah Schweisthal

Discover how to cultivate resilience in your children through grace-filled guidance, healthy structures, and intentional discipline, while helping them navigate challenges, including anxiety and depression, with confidence rooted in Christ.

Responsibilities versus Freedoms in Parenting

Greg Schad

Explore how a parent's role changes through each stage of childhood, balancing responsibility and growing freedom while focusing on honoring Christ, forming character, and trusting God with the results.

SexEd Reclaimed, An Introduction

Kristen Miele

Discover SexEd Reclaimed, a biblical curriculum designed to equip parents for honest, age-appropriate conversations about sex, relationships, identity, and God's design—helping families approach these important conversations with confidence, wisdom, and grace.